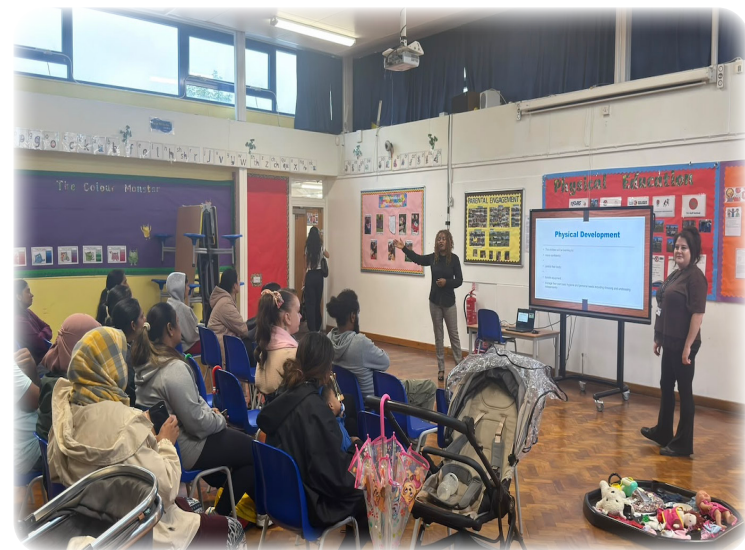


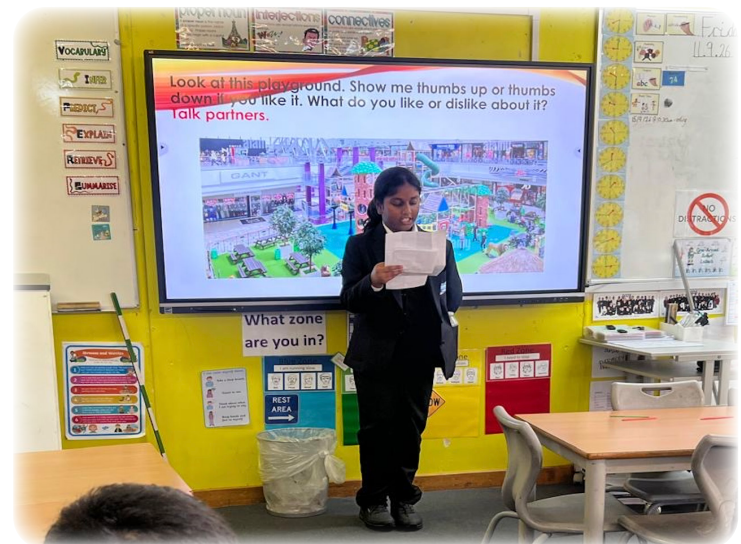
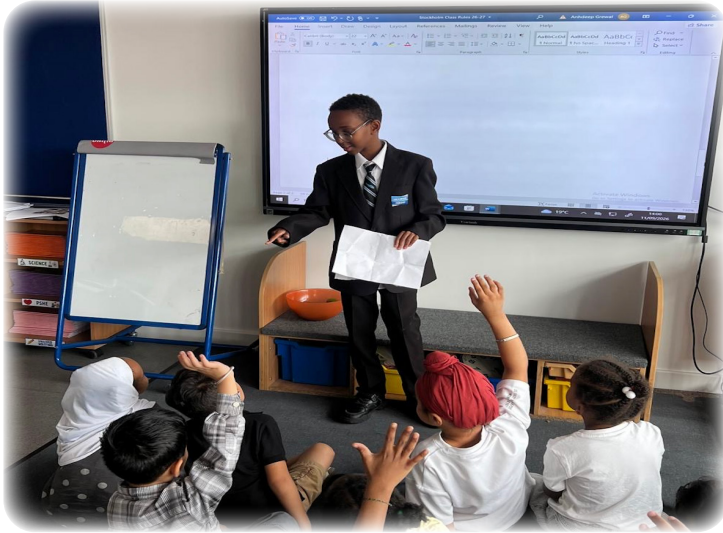
## Parent Curriculum Meetings

Last week, we welcomed our parents, guardians and carers to our Parent Curriculum Meetings. It was a fantastic opportunity for families to learn more about the curriculum ahead and find out what their children will be learning and experiencing over the coming weeks and months. Staff shared key information about upcoming topics, learning opportunities and how we will continue to support pupils' progress and development. We would like to thank all the parents, guardians and carers who attended and engaged with the sessions. Your continued support and involvement plays an important part in helping our pupils have a successful and enjoyable learning journey.



## Democracy Day

Our Head Boy and Head Girl candidates have been busy campaigning and sharing their ideas with the whole school! Each candidate had the opportunity to visit classes across the school and deliver a speech, explaining why they felt they would make a great Head Boy or Head Girl. It was fantastic to see our pupils showing confidence, enthusiasm and leadership as they shared their ideas with their fellow pupils. On Democracy Day, Tuesday 15th September 2026, the whole school took part in the election and had the opportunity to cast their votes. This was a wonderful way for our pupils to experience democracy first-hand and understand the importance of having their voices heard.



## Roald Dahl Day

On Friday 11th September, our school celebrated Roald Dahl Day! The pupils had lots of fun getting into the spirit of the day by coming to school dressed in spotty outfits or as their favourite Roald Dahl characters. It was wonderful to see such a fantastic variety of costumes, from much-loved characters to colourful and creative spotty outfits. The pupils enjoyed celebrating the wonderful world of Roald Dahl and sharing their favourite stories and characters with their friends.



## Asthma Action Plans – Important Reminder

If your child has asthma, please ensure that the school has a current copy of their Asthma Action Plan. Please provide the action plan to the school office as soon as possible so that we have the most up-to-date information. If you do not currently have an Asthma Action Plan, please arrange a review with the healthcare professional who manages their asthma, whether this is your GP or hospital asthma team, and request an up-to-date plan. Having a current Asthma Action Plan helps us to understand your child's individual needs and ensures that we know what to do if they experience asthma symptoms while at school. Thank you for your support.



CONTACT US ON



020 8845 6634



[www.brooksideprimarysch.co.uk](http://www.brooksideprimarysch.co.uk)



[Brooksideprimary@trhat.org](mailto:Brooksideprimary@trhat.org)

### NHS Parent Webinars:

Please see the attached information about upcoming free parent webinars from the CNWL London Mental Health Support Team in Hillingdon. A range of topics will be covered to help parents and carers support young people's wellbeing. All sessions are free to join, so please take a look at the poster for further information. For more information visit: <https://www.cnwl.nhs.uk/>

**Parent Webinar  
2026**

**CNWL London Mental Health Support Team  
Hillingdon**  
is offering the following online parent webinars:

**Parent Wellbeing:**  
Friday 25th September - 12 to 1pm.

**Supporting neurodivergent young people's wellbeing:**  
Thursday 29th October - 12 to 1pm.

**Supporting Transitions and Change:**  
Friday 27th November - 12 to 1pm.

**It is free to join!**

[www.therosedalehewensacademytrust.co.uk](http://www.therosedalehewensacademytrust.co.uk)

### Hillingdon Online Support Programmes:

Parents are invited to take advantage of a range of online courses and seminars from Coram Family Lives. These sessions offer practical advice and strategies to help families build positive relationships, understand children's behaviour and navigate some of the challenges of family life. All sessions are delivered online, making it easier to join from home. For more information visit: <https://www.therosedalehewensacademytrust.co.uk/news-and-events-1/latest-news/free-online-parenting-support-from-coram-family-lives>

All sessions are delivered online, making it easier to join from home. For more information visit: <https://www.therosedalehewensacademytrust.co.uk/news-and-events-1/latest-news/free-online-parenting-support-from-coram-family-lives>

**THE ROSEDALE HEWENS ACADEMY TRUST** **HILLINGDON**

**Hillingdon Online Parent Support Programmes**

**Raising Confident Children  
Less Shouting, More Cooperation  
Healthy Screen Time Habits**

**Visit our website for more information**

[www.therosedalehewensacademytrust.co.uk](http://www.therosedalehewensacademytrust.co.uk)

### Battle of Britain Commemoration:

Families are invited to visit the Battle of Britain Bunker on Saturday 19th September for a special day commemorating 86 years since the Battle of Britain. With living history, theatre, family craft activities, guided tours, live music and community performances, there will be plenty to discover and enjoy. Under 16s can attend for free, making this a fantastic opportunity for a family day out. For more information visit: <https://battleofbritainbunker.co.uk/battle-of-britain-86/>

FOLLOW US ON



@t.r.h.a.t



@Brookside\_Prim



## Battle of Britain 86: The 15 Nations

Commemorating 86 years since the Battle of Britain

**Saturday 19th September 2026**

The Battle of Britain Bunker welcome families to join them as they explore the remarkable stories of the countries that came to Britain's aid during its 'finest hour'.

This includes:

- Meet living history interpreters and take part in live theatre courtesy of Freshwater Theatre.
- Take part in family craft activities designed to encourage personal identity and connections.
- Learn about the role of the historic Operations Room through guided tours.
- Enjoy live music and community performances throughout the day.
- Under 16s go free.

[www.therosedalehewensacademytrust.co.uk](http://www.therosedalehewensacademytrust.co.uk)

## Free NHS flu vaccinations at school:

Help protect your child and those around them from flu this winter. The NHS School Aged Immunisation Service will be offering eligible children their free flu vaccination at school. Getting vaccinated helps protect your child and can also reduce the spread of flu to family, friends and the wider community. A porcine-gelatin-free injectable alternative to the nasal spray is available for families who prefer this option. For more information visit our website: <https://www.therosedalehewensacademytrust.co.uk/news-and-events-1/latest-news/free-nhs-flu-vaccination-at-school>



## Little Noses, Big Protection!

### FREE Flu Vaccination at School

Vaccinated at school, protected for winter - an easy and convenient way for your child to receive their free flu vaccine during the school day.



This autumn, your child will be offered a FREE NHS flu vaccination at school.

The flu vaccine helps protect your child from getting seriously unwell and helps stop flu spreading to family and friends.

- ✓ FREE at school
- ✓ All eligible year groups invited
- ✓ Parents/carers will receive an email asking for consent

Most children receive a quick nasal spray vaccine.

A gelatine-free injectable vaccine is also available for children who cannot have the nasal spray or where parents choose this option.

Please complete your consent form as soon as you receive it.



For more information about vaccines:  
[www.schoolvaccination.uk](http://www.schoolvaccination.uk)

Part of the NHS School Aged Immunisation Service



## A porcine-free flu vaccine is available

### Protect your child from flu this winter

Your child will be offered a free NHS flu vaccination as part of the school-aged vaccination programme.

The vaccine usually offered to children is a nasal spray. The nasal flu vaccine contains a small amount of porcine gelatine.

You do not have to choose the nasal spray - a porcine-free alternative is available.



### PREFER A VACCINE WITHOUT PORCINE GELATINE?

A porcine-free injectable flu vaccine is also available.

If you do not want your child to receive a vaccine containing porcine gelatine for religious, cultural or personal reasons, you can request the injectable flu vaccine instead.



### TWO VACCINE OPTIONS

#### NASAL SPRAY



- ✓ Given as a quick spray into each nostril
- ✓ The preferred vaccine for most children
- ✓ Contains a small amount of porcine gelatine
- ✓ No needle is needed

#### INJECTABLE VACCINE



- ✓ Given as an injection, usually in the upper arm
- ✓ Does not contain porcine gelatine
- ✓ Available for children who cannot have, or whose parents prefer not to have, the nasal spray

### WHY VACCINATE AGAINST FLU?

Flu can make children very unwell and can spread easily at school and at home.

- Protect them from flu and its complications
- Reduce the chance of flu spreading to family and friends
- Protect people who may be more vulnerable to becoming seriously ill

### HOW DO I CHOOSE THE PORCINE-FREE VACCINE?

When you receive your child's flu vaccination consent form, complete it as instructed and select the injectable flu vaccine if you would prefer the porcine-free option.

If you have questions or need help completing your child's consent, please contact the Vaccination UK team.



VACCINATED AT SCHOOL | PROTECTED FOR WINTER  
[www.schoolvaccination.uk](http://www.schoolvaccination.uk)



## Terms and Holidays

### AUTUMN TERM 2026

**Staff Training:** **Wednesday 2<sup>nd</sup> September 2026**  
 (Half day) [Training – morning only]  
 [Parent Consultation – afternoon and early evening]

**Staff Training:** **Thursday 3<sup>rd</sup> September 2026**  
 (Half day) [Training – morning only]  
 [Parent Consultation – afternoon and early evening]

**Term Begins:** **Friday 4<sup>th</sup> September 2026 (All year groups)**  
**Half Term:** **Monday 26<sup>th</sup> to Friday 30<sup>th</sup> October 2026**  
**Term Ends:** **Friday 18<sup>th</sup> December 2026**

|                                                                                  |                                                    |
|----------------------------------------------------------------------------------|----------------------------------------------------|
|  | Week Commencing: <i>Monday 21st September 2026</i> |
|                                                                                  | <b>MENU 4</b>                                      |

| MONDAY                                                                      |                                                                       |                          |
|-----------------------------------------------------------------------------|-----------------------------------------------------------------------|--------------------------|
| Meal Choice 1                                                               | Spaghetti Bolognese                                                   | Halal                    |
| Meal Choice 2                                                               | Spaghetti Bolognese                                                   | Non Halal                |
| Meal Choice 3                                                               | Mediterranean Pasta Bake                                              | Vegetarian               |
| Meal Choice 4                                                               | Bolognese with Gluten free Pasta                                      | Gluten/Dairy Free        |
| Dessert Choice                                                              | Raspberry Jelly                                                       | Fresh Fruit and Yoghurts |
| TUESDAY                                                                     |                                                                       |                          |
| Meal Choice 1                                                               | Chicken Sausages with Mashed Potatoes and Beans                       | Halal                    |
| Meal Choice 2                                                               | Chicken Sausages with Mashed Potatoes and Beans                       | Non Halal                |
| Meal Choice 3                                                               | Vegetarian Sausages with Mashed Potatoes and Onion Gravy              | Vegetarian               |
| Meal Choice 4                                                               | Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter | Gluten/Dairy Free        |
| Dessert Choice                                                              | Jam and Coconut Sponge                                                | Fresh Fruit and Yoghurts |
| WEDNESDAY                                                                   |                                                                       |                          |
| Meal Choice 1                                                               | Diced Lamb with Noodles and Vegetable Stir Fry                        | Halal                    |
| Meal Choice 2                                                               | Diced Lamb with Noodles and Vegetable Stir Fry                        | Non Halal                |
| Meal Choice 3                                                               | Vegetable Stir Fry with Noodles                                       | Vegetarian               |
| Meal Choice 4                                                               | Diced Lamb with Vegetable Stir Fry                                    | Gluten/Dairy Free        |
| Dessert Choice                                                              | Vanilla Ice Cream with Peaches                                        | Fresh Fruit and Yoghurts |
| THURSDAY                                                                    |                                                                       |                          |
| Meal Choice 1                                                               | Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy           | Halal                    |
| Meal Choice 2                                                               | Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy           | Non Halal                |
| Meal Choice 3                                                               | Cheese and Onion Tart                                                 | Vegetarian               |
| Meal Choice 4                                                               | Roast Chicken with Roast Potatoes and Gluten free Gravy               | Gluten/Dairy Free        |
| Dessert Choice                                                              | Chocolate Sponge                                                      | Fresh Fruit and Yoghurts |
| FRIDAY                                                                      |                                                                       |                          |
| Meal Choice 1                                                               | Fish Fingers or Battered Chicken with Potato Wedges                   | Halal                    |
| Meal Choice 2                                                               | Fish Fingers or Battered Chicken with Potato Wedges                   | Non Halal                |
| Meal Choice 3                                                               | Macaroni Cheese                                                       | Vegetarian               |
| Meal Choice 4                                                               | Gluten free Fish Fingers with Gluten free Potato Wedges and Beans     | Gluten/Dairy Free        |
| Dessert Choice                                                              | Custard Tart                                                          | Fresh Fruit and Yoghurts |
| Please note that all main meals are served with Fresh Vegetables of the Day |                                                                       |                          |





# ENCORE

Make Believe Encore brings drama, dance and singing directly into the school, with children working towards a performance at the end of the 12-week programme.

At £6 per child per session, you could have a potential after-school performing arts programme for your child as wraparound provision!





Please fill out a form by scanning this QR code if you would be interested in sending your child to Make Believe Encore- a potential new performing arts club at our wraparound provision.

| September - October 2026      |                                   |
|-------------------------------|-----------------------------------|
| September                     |                                   |
| Wednesday 30th                | Start of After School Fun Clubs   |
| October - Black History Month |                                   |
| Thursday 1st                  | National Poetry Day               |
| Thursday 1st                  | National Older Person Day         |
| Saturday 4th - Sunday 10th    | World Space Day                   |
| Monday 5th                    | World Teachers' Day               |
| Monday 5th 10:30 am           | Nursery London (AM) Stay and Read |
| Monday 5th 2:30 pm            | Nursery London (PM) Stay and Read |
| Tuesday 6th                   | Reception Stay and Play           |

Prove yourself  
to yourself  
**Not others**