



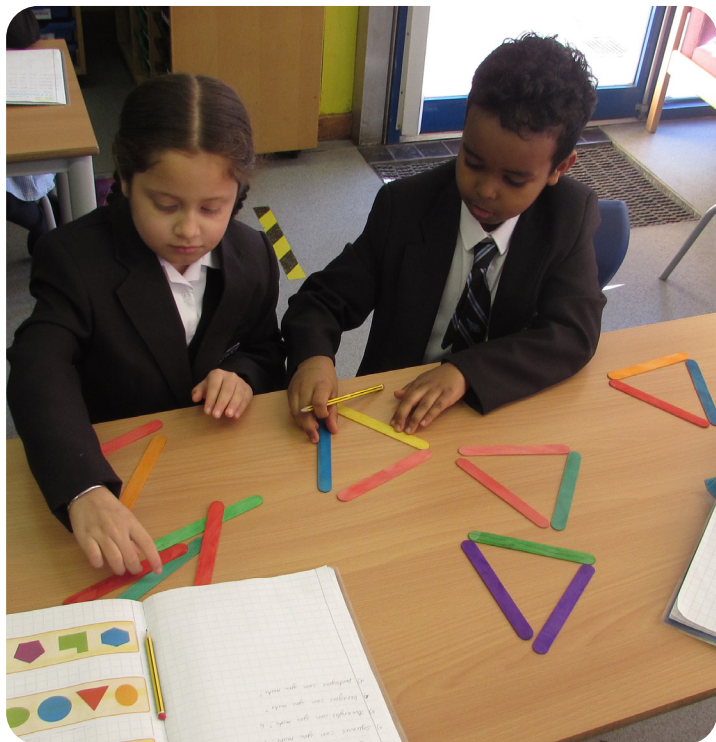
National Skipping Day



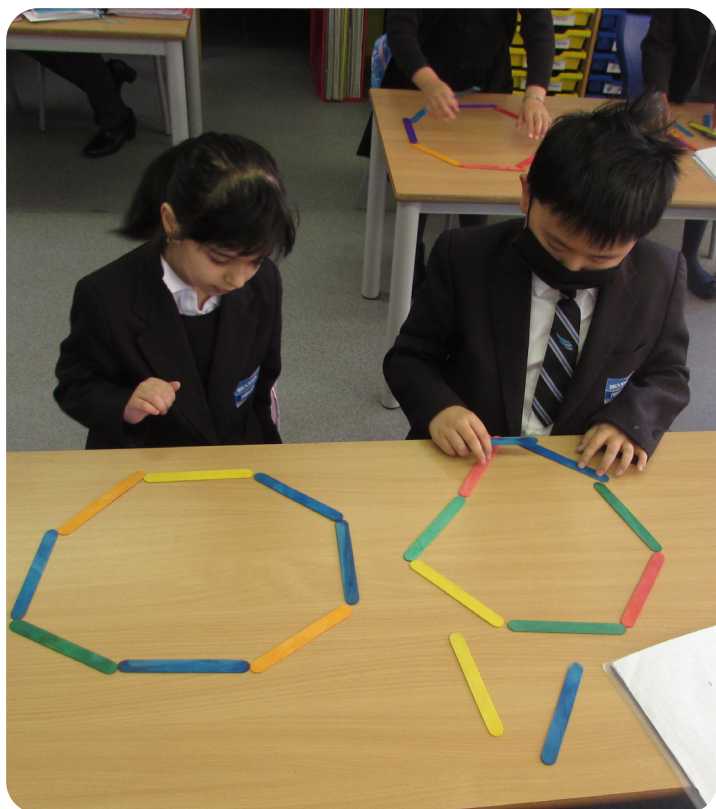
On Friday 23rd April, children across the School demonstrated their skipping skills in celebration of National Skipping Day. Skipping is a traditional school and playground game that focuses on the important fitness benefits skipping offers. The children tried various skipping styles such as backward, hop and skip. Parents, guardians and carers are encouraged to continue active activities as a family.



Fun with Lollipop Sticks



Children in Year 2 are learning about basic two-dimensional (2D) shapes and their properties. They explored how many polygons they could create using 18 lollipop sticks, enhancing their knowledge on polygons and their properties whilst developing fine motor skills.



Real Life Heroes



Children in Reception have been learning about real life heroes. They learnt about the important roles of the police and the central role they play in keeping communities safe whilst being brave. They capitalised on the opportunity to demonstrate their understanding of community policing through role plays and are able to identify and write about police officers' uniform.



Entering the World of Narnia



Children in Year 4 are currently reading *The Chronicles of Narnia: The Lion, the Witch and the Wardrobe* by C.S. Lewis. To gain a better understanding of the text, the children explored the reasons behind the children in the book being evacuated and the pressures posed by World War II. In order to inspire their imaginations, they travelled back in time to consider the experiences of an evacuee through reflective role plays, promoting great discussion using the Zones of Regulations about how they felt.

HOW TO PROPERLY WASH YOUR HANDS

HELP PREVENT THE SPREAD OF COVID-19




Booster Clubs

Booster sessions will continue as normal this term by invitation only. These boosters are strategically designed to close the gaps in the children's knowledge of English or Mathematics and help them to meet their year group targets. If your child is unable to attend, please inform their class teacher.

Coming Soon...Brookside Primary YouTube Channel

Over the Easter break, we have been working on setting up a YouTube channel for Brookside Primary School so we can share all the fabulous things that have happened in the School over the past couple of months. The videos are still in the production stages so we will share the links very soon with you all.

Watch this space!



ASTHMA ALERT


A message from Hillingdon Children's Asthma Team:

It is important to ensure your child's asthma remains well controlled and that you know when you should seek medical help.



If your child has asthma and uses a preventer inhaler (Beige/ Brown/ Orange/ Red/ Purple/Pink) please make sure they are using this twice a day EVERY DAY as prescribed, even when well. REMEMBER ALWAYS USE WITH A SPACER.

If your child needs their reliever inhaler (Blue) more than twice a week, for more than two weeks, please book a medical review with your GP/asthma nurse.

If your child needs 10 puffs of their reliever (Blue) inhaler and are no better or are wheezing again within 4 hours, GIVE ONE FURTHER SET OF 10 PUFFS and seek urgent medical review at your nearest A&E.



Please do not delay seeking medical attention when needed.

Hillingdon Weekly Challenges

Brookside Primary School is taking part in the Summer Hillingdon Weekly Physical Challenges as the children had so much fun getting involved in the challenges last term.

These challenges will allow children to get active, have fun, improve health, engage new audiences and increase motivation.

Mr Christie (PE Co-ordinator) will provide your teachers with a video of what you need to do each week. Your teachers will show this video in class which will be posted on our new YouTube channel.

These challenges will be done in school and all scores will be recorded by your teachers by Thursday, the following week.

Please see the schedule below for all upcoming challenges.

- Week 1: Star Jumps – Friday 30th April
- Week 2: Super Slalom Run – Friday 7th May
- Week 3: Sock in the Box – Friday 14th May
- Week 4: Squat Jump – Friday 21st May
- Week 5: Fast Feet – Friday 28th May
- Week 6: Step Ups – Friday 11th June
- Week 7: Obstacle Course – Friday 18th June
- Week 8: Plank Challenge – Friday 25th June



National Share a Story Month National

National Share-a-Story Month (NSSM) is an annual celebration of the power of storytelling and story sharing, providing a fantastic opportunity to bring children and stories together. The 2021 theme is 'Myths, Magic and Mayhem'.

Throughout the month, the teachers will read aloud stories to the children from different genres such as mysteries and adventures, magical tales and myths and legends. Our aim is to ensure that children are introduced to different genres of stories and at the same time, foster a love for reading.

We are encouraging our parents, guardians and carers to visit the local libraries with the children and read different books related to these genres.

May Day Bank Holiday - Monday 3rd May

Please note, Monday 3rd May is a bank holiday, therefore, school will be closed. School will resume on Tuesday 4th May at the usual staggered times.

	<p>Week Commencing: Monday 3rd May</p> <p>MENU 2</p>
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TUESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 3	Creamy Pasta Bake	Vegetarian
Meal Choice 4	Lamb Patty with Rice	Gluten/Dairy Free
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Baked Jacket Potato with Fillings [sliced chicken, salad, coleslaw, tuna]	
Meal Choice 2	Sweet Potato with Fillings [sliced chicken, salad, coleslaw, tuna]	Vegetarian
Meal Choice 3	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Dessert Choice	Fruit Tarts	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Dessert Choice	Vanilla Cheesecake	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Halal
Meal Choice 2	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Non Halal
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Dessert Choice	Apple Pie	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day		

Fasting at Ramadan

We would like to make parents, guardians and carers aware that at The Rosedale Hewens Academy Trust, we only allow children in Year 6 to fast, as, in our experience, fasting in year groups below this has a detrimental effect upon a child's overall performance.

Children in lower year groups could be supported to fast at home on the weekend if required, allowing families to supervise their health and wellbeing very closely. If you would like more information about this, please speak with a member of staff in the School Office.

	<p>APRIL TO MAY 2021</p>
APRIL	
Friday 30th	Star Jumps Challenge
MAY	
Saturday 1st to Monday 31st	National Share a Story Month
Monday 3rd	May Day Bank Holiday - School Closed
Tuesday 4th	World Asthma Day
Friday 7th	Super Slalom Run Challenge
Friday 14th	International Day of Families