

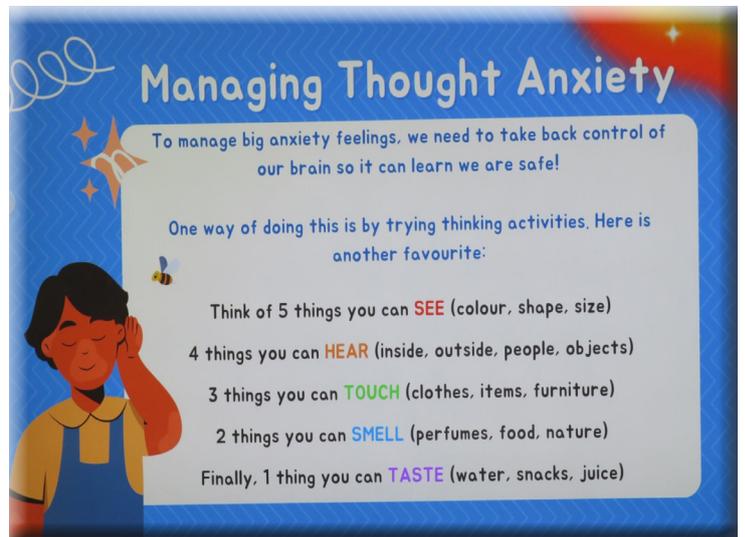
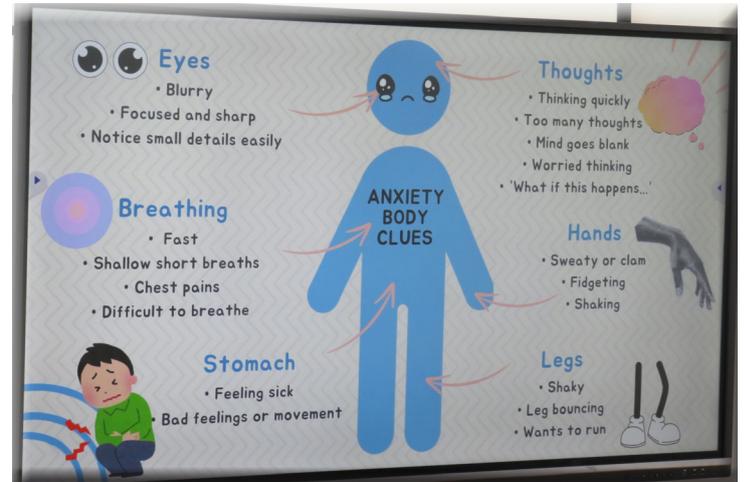
Mental Health Coffee Morning



We would like to express our sincere gratitude to the **Hillingdon Mental Health Support Team (HMHST)** for conducting an informative workshop about **anxiety** on **Wednesday, 17th April**. The workshop covered various aspects related to anxiety and was attended by parents, guardians and carers. The participants had insightful discussions on the meaning of anxiety, its symptoms and how it affects the body.



To help our Year 6 students prepare for their SATs exams, the HMHST shared helpful techniques to manage both body and thought anxiety. The sessions turned out to be a great success!



Early Years Stay and Read!



We were highly impressed with the success of the third round of our 'Stay and Read' workshops held in the Nursery and Reception classes. Parents, guardians, and carers took part in reading sessions with their children, and were provided with helpful tips to encourage reading at home. Additionally, they were given information on how to assist their children in improving their reading comprehension. We are looking forward to more collaborative efforts between the school and home.



Incredible Quackers and Chirpers

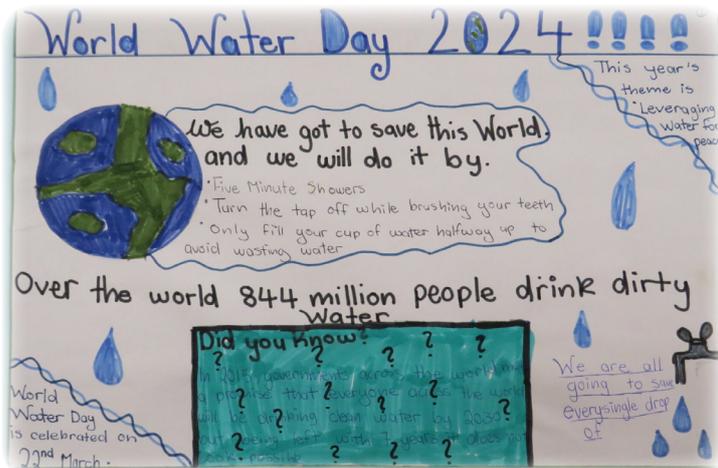


Our delivery of duck and chick eggs has arrived! The Reception and Nursery children have watched them hatch into adorable little chicks and ducklings. This is a wonderful opportunity for our children to witness the beginning of the birds' life cycles, from an egg to a baby duckling or chick. Everyone enjoyed being mummies and daddies as they bonded with the new feathered family members. Welcome to our new additions!

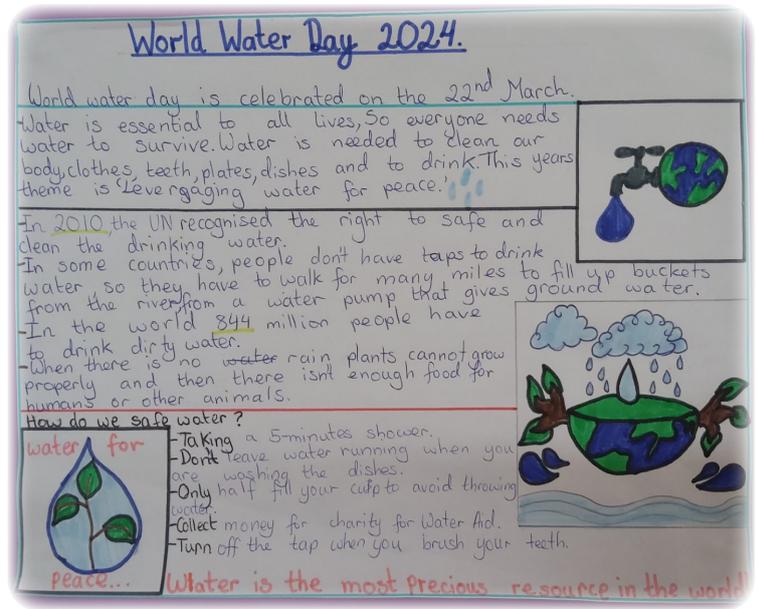


World Water Day

Great job to all who participated in the World Water Day poster competition! This year, we were impressed by the creative designs and use of information to showcase the theme of 'Leveraging Water for Peace'. As a school, we strive to promote sustainable development by equipping our students with the skills required to become active and responsible citizens.

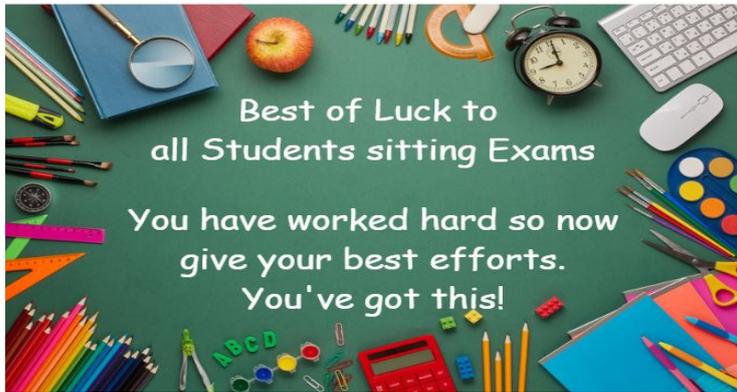


The poster competition provided a unique opportunity for the students to learn about different ways to conserve water and understand the importance of World Water Day in ensuring that everyone has access to clean water, thus preventing conflicts over water access. Congratulations to the winners!



Years 1 & 2 Phonics and 6 SATs Practice Papers

We would like to remind parents, guardians and carers that children in **Years 1 and 2** will practise for their **Phonics tests**, whilst **Year 6** will sit **mock SATs papers** during the week commencing **Monday, 29th April**. It is also extremely important that they attend school every day. Please also remember that a good breakfast is always an essential meal for children before school, but in particular when they are sitting any form of assessments. Research has shown that children who eat a healthy breakfast and have a goodnight's rest have improved alertness, concentration, mental performance, mood and memory. We wish all our children every success in their tests!



Reception Berlin's Parent Assembly

Reception Berlin's class assembly will take place on **Thursday, 2nd May at 9:10 a.m.** where parents, carers and guardians are invited. The assembly will be based on **People who help us- Our Community Helpers**. Come and be entertained as they showcase their various talents through song and dance as they inform you about the importance of the community helpers they are learning about in their English and Understanding the World lessons. We look forward to sharing our knowledge with you.

Boosters and After School Fun Clubs

Booster sessions will commence on **Wednesday, 1st May (KS1)** and **Thursday, 2nd May (Years 3, 4 and 5)** and will be ongoing throughout the course of the term. Teachers will invite targeted children to attend these booster sessions in order to help develop their understanding and knowledge in Mathematics, Reading Comprehension, Grammar, Writing or Phonics. Please be advised that booster sessions take place in the **morning from 8:15 a.m.**

In addition, **After School Fun Clubs** will proceed from **Wednesday, 8th May** to the end of the Summer Term. To ensure that each child gets a fair opportunity to participate in a fun club, fun clubs will be limited to one club per child. Therefore, please state your order of preference when signing up. Thank you.

School Readiness at Learn Hillingdon – Information from the Local Authority

So, what is school readiness? Well, we see it as a measure of how prepared a child is to succeed in school, cognitively, socially and emotionally. This allows teachers to focus on developing skills and stops young children playing 'catch up', so they can develop their love for school and parents can be confident that their child is coping well with the transition.

Sadly, the last statistical data shows that in Hillingdon 1 in 2 children are 'school ready' compared to Lewisham where about 3 in 4 children are school ready-fingertips.phe.org.uk 2014. Also, the pandemic will not have improved this situation. So, we are offering all parents of young children, who are about to go to school for the first time a free online course: **School Readiness at 7pm to 9pm on 30th April - 21st May - Tuesday evenings for 4 weeks.**

Course Information: [Learn Hillingdon - School Readiness CHO1055 - Google Docs](#)

Parents can enrol here: [Course List](#) | [ontrack: Learner Hub \(tribal-eps.com\)](#) just click on the blue **ENROL** button. Or if you can't make this particular course, then you could chose the course that is starting in early June or late June. Once enrolled, we will then send the parent, via email, all the information they need to attend including the link to the online class.

Cycling Skills for Adults and Children

Hillingdon cycling instructors are back **every second Saturday of the month from April - October** offering free cycle training to Hillingdon Residents (children and adults). Whether you want to learn to ride or refresh your skills, all are welcome. Cycling sessions will take place at **Pield Heath School Cycle Track** which is a safe and enclosed space to learn.

Please use the link below to find out more information.

[Cycle Skills training - Hillingdon Council](#)

Attendance- Importance of Good Attendance

We would like to remind parents, guardians and carers that research shows there is a clear link between the attendance rate of children at school and their level of attainment. Please support your child to attend regularly by ensuring that any medical or other appointments are organised out of school hours. The expectation of the governing body is that all children will achieve a minimum annual attendance rate of 96%.

BROOKSIDE
PRIMARY

Week Commencing: Monday, 29th April

MENU 4

MONDAY		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Spaghetti Bolognese	Non Halal
Meal Choice 3	Mediterranean Pasta Bake	Vegetarian
Meal Choice 4	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Dessert Choice	Raspberry Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Beans	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Beans	Non Halal
Meal Choice 3	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 4	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Dessert Choice	Jam and Coconut Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Diced Lamb with Noodles and Vegetable Stir Fry	Halal
Meal Choice 2	Diced Lamb with Noodles and Vegetable Stir Fry	Non Halal
Meal Choice 3	Vegetable Stir Fry with Noodles	Vegetarian
Meal Choice 4	Diced Lamb with Vegetable Stir Fry	Gluten/Dairy Free
Dessert Choice	Vanilla Ice Cream with Peaches	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Cheese and Onion Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Potato Wedges	Halal
Meal Choice 2	Fish Fingers or Battered Chicken with Potato Wedges	Non Halal
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Dessert Choice	Custard Tart	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day</i>		

THE ROSEDALE HEWENS ACADEMY TRUST

Help us to reduce our carbon footprint by donating your pre-loved school uniform!

Visit our website for more information

RECYCLE **RE-USE**

APRIL		
Monday, 29th April - Friday, 3rd May		Year 1 & 2 Phonics, Year 6 SATS Practice Papers
MAY		
Wednesday, 1st & Thursday 2nd	8:15 a.m.	Morning Boosters Begin- KS1 and Years 3, 4 & 5
Thursday, 2nd	9:10 a.m.	Reception Berlin Parent Assembly
Thursday, 2nd		Gurdwara Sri Guru Singh Sabha Trip- Year 4
Friday, 3rd	8:40 a.m.	Nursery AM Stay and Play
Friday, 3rd	12:40 p.m.	Nursery PM Stay and Play
Monday, 6th		Early May Bank Holiday
Tuesday, 7th		World Asthma Day
Tuesday, 7th		Victorian Seaside Workshop- Year 2
Tuesday, 7th		Kol Chai Reform Synagogue Trip- Year 5 Pretoria
Wednesday, 8th & Thursday, 9th		After School Fun Clubs Begin
Thursday, 9th	9:10 a.m.	Year 4 New Delhi Parent Assembly
Thursday, 9th		Kol Chai Reform Synagogue Trip- Year 5 Dakar
Monday 13th - Thursday 16th		Year 6 SATS Week
Monday, 13th - Friday, 17th		Mental Health Awareness Week
Monday, 13th - Tuesday, 14th		NSPCC Speak Out, Stay Safe Online Programme
Wednesday, 15th		NSPCC Speak Out, Stay Safe Workshops- Years 2, 5 & 6
Wednesday, 15th		International Day of Families
Thursday, 16th	9:10 a.m.	Year 3 Brasilia Parent Assembly
Thursday, 16th		Vikings Workshop- Year 5
Monday, 20th		Pirate Workshop- Year 1
Monday, 20th - Friday, 24th		Walk to School Week
Tuesday, 21st		International Culture Day
Wednesday, 22nd		Year 1 Pirate Parent Assembly
Friday, 24th		Romans Workshop- Year 3
Friday, 24th		End of Summer 1 Term
Monday, 27th - Friday, 31st		Half-Term Break
JUNE		
Monday, 3rd	8:30 a.m.	Summer 2 Term begins
Friday, 7th		NSPCC Childhood Day/Big Break Time
Friday, 7th		Hampton Court Trip- Year 5