

## Black History Month

Brookside Primary is a diverse community. As we promote the 6Rs and British values, so too, we celebrate what makes us different. Black History Month has been celebrated in the UK since 1987. The celebration is to stem racism and discrimination and promote equality. At Brookside Primary, we have been paying homage to the black women who have made outstanding contributions and are still making a big impact on society in the areas of science and medicine, arts, media, sports, music, politics and leadership. Throughout the month, different year groups will research and create posters, brochures and leaflets, on specially assigned black women professionals for a grand display wall. Here we are highlighting our diverse group of black excellence within our Brookside community.

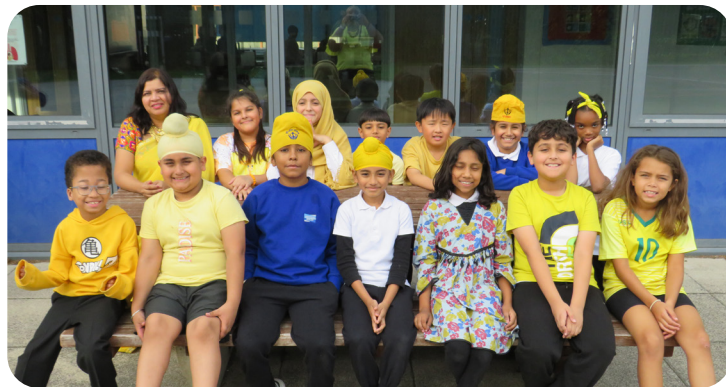


**BLACK  
HISTORY  
MONTH**



## HelloYellow

Pupils took part in showing that they care with 'HelloYellow' on World Mental Health Day which was held on Tuesday 10th October. Children and staff members wore beautiful and bright yellow to stand out and show up for young people's mental health. By wearing yellow, we helped show young people that they are supported. During the day, classes had discussions on mental health and shared how they are feeling.



**World Mental Health Day**  
**#HelloYellow**



## Practical Pedestrian Training- Year 5

On Friday 6th October 2023, pupils in Year 5 took part in the Indoor and Outdoor Practical Pedestrian Training sessions delivered by the STARS Team from the Hillingdon Borough. The pupils were split into small groups and learnt about road hazards, how to keep themselves safe when walking on the pavements and crossing roads, particularly busy ones. Once they received their initial training, pupils put into practice all they had learned. They were very engaged throughout the session and gained valuable knowledge on how to be responsible pedestrians.



## ROAD SAFETY

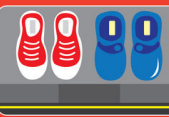
### THINK

about where you should cross.



### STOP

in a safe place at the side of the road.



USE YOUR EYES & EARS to see and hear any approaching vehicles.



### WAIT

until all the vehicles have passed.



### LOOK AND LISTEN

again to make sure all is clear.



### CROSS

the road. Keep looking and listening.





## World Food Day & Harvest Festival Collection - Donating Items

**World Food Day** is celebrated on the **16th of October** every year. It was first celebrated in 1945 to commemorate the launch of the United Nations Food and Agricultural Organisation. The day is both an opportunity to celebrate the food that we are privileged enough to eat and to educate ourselves on how we can help to ensure that everybody can access a healthy, balanced diet. To commemorate this day and the **Harvest season**, we will be supporting our local food bank. It is more important than ever for us to be able to donate to the **Food Bank** given these uncertain times, no matter how big or small the donation. We would appreciate donations of any items from the list below:

- |                |                          |
|----------------|--------------------------|
| - Canned Meat  | - Noodles or pasta       |
| - Baked Beans  | - Tinned Tomatoes        |
| - Cereals      | - Fruit Juice            |
| - Soups        | - Long Life Milk         |
| - Rice         | - Jam                    |
| - Canned Fish  | - Dried Mashed Potatoes  |
| - Pudding      | - Tinned Fruits          |
| - Sauces/Gravy | - Tea or Coffee          |
| - Biscuits     | - Treats e.g. Chocolates |
| - Crisps       | - Flour bag              |

If you would like to donate any of these items, please hand them into the **School Office by Friday, 3rd November 2023**. We greatly appreciate your support. Thank you in advance.

## Scary Mask Day – Tuesday, 31st October.

At Brookside, we encourage children to show interest in their creative expression. On Tuesday 31st October, we will be hosting a Scary Mask Day for children to showcase their creativity by designing spine-chilling, hair-raising masks to wear on the day. We kindly ask those who will be participating for a donation of £1 which will go towards resources for the School. Thank you for your support.



## Nursery Stay and Play


Nursery parents are invited to 'Stay and Play', on **Tuesday, October 17th 2023 at 9:00 a.m. - 9:30 a.m. (AM) and 1:00 p.m. - 1:30 p.m. (PM) respectively.**

## EYFS Scary Costume Day! Tuesday 31st October

Make or purchase a scary costume for your child to wear on the day. Take a picture at the scary photobooth for a contribution cost of £1.00

## Applying For Secondary School September 2024

We would like to inform all parents, guardians and carers that the closing date for applications for Secondary School places to be received by the London Borough of Hillingdon, by post or online, is **Tuesday 31st October 2023**. To ensure your application arrives on time and in order to give your child the best possible chance of being offered the School of your choice, we would advise that you submit your applications **no later than Tuesday 31st October** to ensure that it is received by the published deadline. You can apply for your child's secondary school at <https://archive.hillingdon.gov.uk/secondary>. You should have all received information via email with regard to applying for your child starting secondary school.



# Hewens College

## OPEN MORNING


Thursday 19th  
& Friday 20th  
October 2023

9:30am

/

10:30am

**FIND US ON SOCIAL MEDIA**







Scan here to visit our website!






For pupils transferring to secondary school in September 2024



Hewens Road, Hayes  
Middlesex, UB4 8JP




020 8573 1039






# Childhood Asthma

## FREE Online Workshops



**SCAN ME**



**CONTACT THE TEAM FOR MORE INFORMATION**  
 01895 543 437  
 nhsnw1.myhealth@nhs.net

**What's Included In The Workshop ?**

What to do if your child is having an Asthma attack	Inhaler Techniques	Myth Busting	Common Triggers	Asthma Plans	Q&A
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**SESSION PRESENTED BY A HILLINGDON ASTHMA NURSE**

	<b>Week Commencing: Monday 16th October</b> <b>MENU 2</b>
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MONDAY		
Meal Choice 1	Beef Meatball Pasta Bake	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Non Halal
Meal Choice 3	Vegetable Pasta Bake	Vegetarian
Meal Choice 4	Meatballs with Gluten free Pasta	Gluten/Dairy Free
Dessert Choice	Strawberry Mousse with Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 3	Creamy Pasta Bake	Vegetarian
Meal Choice 4	Lamb Patty with Rice	Gluten/Dairy Free
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Baked Jacket Potato with Fillings [sliced chicken, salad, coleslaw, tuna]	
Meal Choice 2	Sweet Potato with Fillings [sliced chicken, salad, coleslaw, tuna]	Vegetarian
Meal Choice 3	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Dessert Choice	Fruit Tarts	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Dessert Choice	Vanilla Cheesecake	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Halal
Meal Choice 2	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Non Halal
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Dessert Choice	Apple Pie	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day		

## Library Visit- Years 1 and 2

On November 2nd and November 16th, Years 1 and 2 will be visiting the Yeading Library. During the library visit, your child will get to see their local library and read and discuss stories. Parents are invited to come along on this visit to learn more about the library and have an opportunity to register and join the Library.

October and November 2023	
October	
Tuesday, 17th October 2023	Stay and Play- Nursery AM and PM
Friday, 20th October 2023	Last Day of Term.
Monday, 23rd to Friday, 28th October 2023	Half Term
Monday, 30th October 2023	Term Begins for all year groups- Reception to Year 6
November	
Thursday 2nd November 2023	Yeading Library Visit Year 1
Sunday 5th November 2023	Guy Fawkes Night
Sunday 5th November 2023	Bonfire Night
Friday 10th November 2023	World Science Day
Friday 10th November 2023	Trip To Sea Life Year 4
Saturday 11th November 2023	Diwali
Monday, 13th - Friday, 17th November 2023	Anti-Bullying Week
Thursday, 16th November 2023	Yeading Library Visit- Year 2
Friday, 17th November 2023	Prehistoric Workshop- Year 3
Friday, 17th November 2023	Children in Need (Non-Uniform Day)
Sunday, 19th - Saturday, 25th November 2023	Road Safety Week
Tuesday, 21st November 2023	Visit to the Hounslow Jamia Masjid- Year 2
Monday, November 27, 2023	Great Fire of London Workshop- Year 2
Thursday, 30th November 2023	Mobile Planetarium Visit Workshop- Years 1 and 5
Monday 27th November 2023	Great Fire of London Workshop- Year 2