

## Mental Health Week

At Brookside primary, during mental health week 6th-10th March, the children enjoyed a series of activities which included: **20-minute extra play**, various arts and crafts activities, physical activities which all allow them to connect with each other. To culminate the week's events, the children wore a scarf to school in **Recognition of children's mental health**.

Additionally, they were entertained by a mini concert where the teachers performed for them. The children enjoyed the week and went for their half term break in good spirit.



## The Life of a Plant

In Year 3, children have been learning about the functions of different parts of a **flowering plant**. Today, children had a lively discussion as to whether or not a plant need leaves to survive. Children carried out an investigation to test this **hypothesis**. They had four different plants; a control plant, one with its leaves removed, one with its leaves painted and one with its leaves covered with **foil paper**. They will continue to make observations over a period of time to see if the predictions they made were correct.





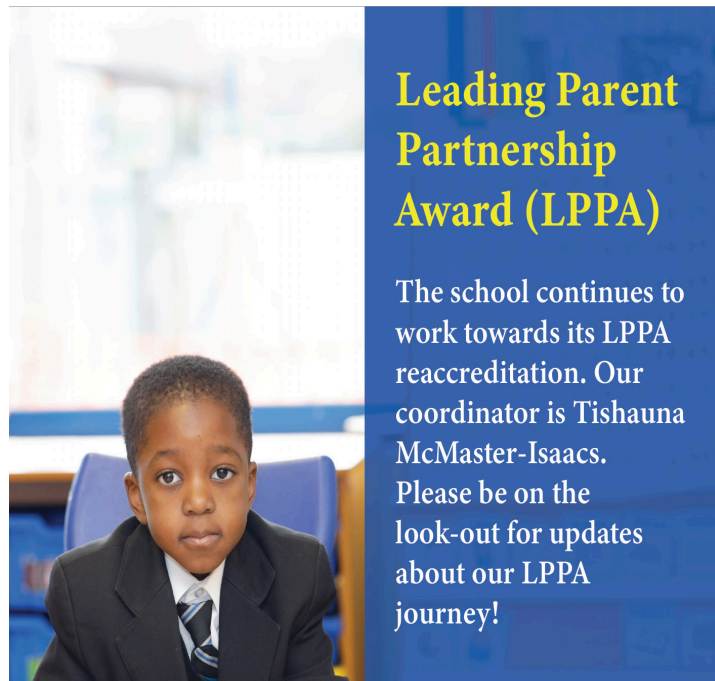
## Half-Term Sport Extravaganza

During the Spring Half-Term, children from Years 1, 2, 3 and 4 were invited on Monday, 13th February to take part in our Sports Activity Fun Day. They had an amazing time building their teamwork skills and sports-manship and they played and learnt different sports.



## Class Photography- Tuesday 28th February 2023

The Fraser Portraits School photographer is scheduled to visit on Tuesday 28th February to take class photographs. Please be advised that children must wear their full school uniform. Please also note, Physical Education (PE) will not be held on this day. Thank you.



Brookside Primary School continues to work towards its LPPA reaccreditation. Our coordinator is Tishauna McMasters Isaacs Please be on the look-out for updates about our LPPA journey!

February March 2023	
FEBRUARY	
Monday 27th February to Sunday 12th March	Fair trade Fortnight
Tuesday 28th February	Class Photographs
MARCH	
Wednesday 1st March	Year 4 Petrie Museum of Egyptian Archaeology
Thursday 2nd March	World Book Day- Non Uniform Day
Thursday 2nd March	Phonics Workshop Year 1
Friday 3rd March	Librarian Visit (Yeading Library)
Monday 6th March 2023 to 11 March 2023	National careers week
Monday 13th - Friday 24th March	Incredible Eggs- Ducklings
Thursday 23rd March	Junior Citizens- Year 6-

## World Book Day- Non Uniform Day

The theme for this World Book Day follows the message **"You Are a Reader"**. We here at Brookside will kick-start our celebrations by having two virtual sessions with Patricia Lawrence (KS2) and Rashmi Sirdeshpande (KS1) the week of 20th February 2023. The in-person event planned for the Compass Theatre has been cancelled unfortunately, however all is not lost as Patricia Lawrence very kindly offered to visit Brookside in person on Friday 24th February to do her in person visit.

We want to make sure no child is left out of **World Book Day** which will be celebrated nationally on **Thursday, 2nd March 2023**. We do understand that families may be under significant financial and time pressures. Please feel free to make costumes using recyclable materials. Be creative as possible. We look forward to seeing the fun and exciting ideas you and your children will come up with.

<div><div>BROOKSIDE</div><div>PRIMARY</div></div>	Week Commencing: <i>Monday 27th February</i>	
MENU 2		
MONDAY		
Meal Choice 1	Beef Meatball Pasta Bake	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Non Halal
Meal Choice 3	Vegetable Pasta Bake	Vegetarian
Meal Choice 4	Meatballs with Gluten free Pasta	Gluten/Dairy Free
Dessert Choice	<i>Strawberry Mousse with Fresh Strawberries</i>	<i>Fresh Fruit and Yoghurts</i>
TUESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 3	Creamy Pasta Bake	Vegetarian
Meal Choice 4	Lamb Patty with Rice	Gluten/Dairy Free
Dessert Choice	<i>Chocolate Sponge</i>	<i>Fresh Fruit and Yoghurts</i>
WEDNESDAY		
Meal Choice 1	Baked Jacket Potato with Fillings <i>[sliced chicken, salad, coleslaw, tuna]</i>	
Meal Choice 2	Sweet Potato with Fillings <i>[sliced chicken, salad, coleslaw, tuna]</i>	Vegetarian
Meal Choice 3	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Dessert Choice	<i>Fruit Tarts</i>	<i>Fresh Fruit and Yoghurts</i>
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Dessert Choice	<i>Vanilla Cheesecake</i>	<i>Fresh Fruit and Yoghurts</i>
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Halal
Meal Choice 2	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Non Halal
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Dessert Choice	<i>Apple Pie</i>	<i>Fresh Fruit and Yoghurts</i>
<i>Please note that all main meals are served with Fresh Vegetables of the Day</i>		