



FRIDAY 21ST OCTOBER, 2022

CONTACT US ON

020 8845 6634

www.brooksideprimarysch.co.uk

Brooksideprimary@trhat.org

#### Sounds all around us!

Year 2 children have been learning about 'Sound' and how they affect our lives in Science. They conducted a survey of the different sounds they can hear in their school environment- inside and outside. They explored where they were located- near or far; how soft or loud the sounds were and how pleasant and unpleasant the sounds were to hear. They enjoyed carrying out this activity as they examined which areas of the school had the most or least sounds.





### Year 2 Trips!

On Wednesday 12th and Thursday 13th October, Year 2 went on walks to explore Hayes Town and the Uxbridge High Street. This was to enhance their understanding of the current Geography topic 'Uxbridge, here I come'. The children were given the opportunity to identify the different physical and human features in both locations such as vegetation, parks, canal, buildings, offices and houses.



They also examined the local shops and businesses and identified which goods and services they provide. Year 2 had a fantastic time learning about their local community and neighbouring areas. Well done Year 2!



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#### Half Term Break

Parents, Guardians and Carers, as you engage in various activities with your child during this half term, try to incorporate conversations that will engage them in critical thinking for their level. An example of this is asking 'why', 'what', 'where', 'when', and 'how' questions when exploring different topics.

Other simple questions that you can ask to develop on their spoken language, and comprehension, could surround their feelings and emotions.

Remember to read with them, or even to visit the local library. We look forward to you sharing some pictures of the amazing activities that you will engage in over the half-term.

### #AskAboutAsthma campaign by Healthy London Partnership



Did you know that children and young people with asthma should have an asthma action plan to help manage their condition? This is one of four #AskAboutAsthma asks which we want every Londoner to be aware of:

- 1. Get an asthma action plan in place
- 2. Understand how to use inhalers correctly
- 3. Schedule an asthma review every year and after every attack
- 4. Consider air pollution and its impact on lung health

Together we can raise awareness around *#healthinequalities* and how to address them so every child and teenager has the right asthma care in place and go on to live a full, active life.

We are proud to support #AskAboutAsthma.

Find out more about the 2022 campaign at (<u>www.healthylondon.</u> org/ask-about-asthma)

#### **Healthy Packed Lunches**

We would like to thank all our families who continue to provide their children with a healthy and nutritious packed lunch. Please be reminded that we are a healthy eating school and that the following items are not permitted in packed lunches:

- Nuts
- Chocolate/chocolate biscuits, sweets or doughnuts
- Large packets of crisps
- Fizzy drinks

Thank you for your continued support.

# PRIMARY

Week Commencing: Monday 31st October

## MENU 4

Meal Choice 1	Spaghetti Bolognese		Halal
Meal Choice 2	Spaghetti Bolognese		Non Halal
Meal Choice 3	Mediterranean Pasta Bake		Vegetarian
Meal Choice 4	Bolognese with Gluten free Pasta		Gluten/Dairy Free
Dessert Choice	Raspberry Jelly Fresh		Fruit and Yoghurts
TUESDAY			
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Beans		Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Beans		Non Halal
Meal Choice 3	Vegetarian Sausages with Mashed Potatoes and Onion Gravy		Vegetarian
Meal Choice 4	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter		Gluten/Dairy Free
Dessert Choice	Jam and Coconut Sponge	Fresh	Fruit and Yoghurts
WEDNESDA	Y		
Meal Choice 1	Diced Lamb with Noodles and Vegetable Stir Fry		Halal
Meal Choice 2	Diced Lamb with Noodles and Vegetable Stir Fry		Non Halal
Meal Choice 3	Vegetable Stir Fry with Noodles		Vegetarian
Meal Choice 4	Diced Lamb with Vegetable Stir Fry		Gluten/Dairy Free
Dessert Choice	nilla Ice Cream with Peaches Fresh Fruit and Yoghurts		Fruit and Yoghurts
THURSDAY			
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gr	avy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy		Non Halal
Meal Choice 3	Cheese and Onion Tart		Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy		Gluten/Dairy Free
Dessert Choice	Chocolate Sponge	Fresh	Fruit and Yoghurts
FRIDAY			
Meal Choice 1	Fish Fingers or Battered Chicken with Potato Wedges		Halal
Meal Choice 2	Fish Fingers or Battered Chicken with Potato Wedges		Non Halal
Meal Choice 3	Macaroni Cheese		Vegetarian
	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans		Gluten/Dairy Free
Meal Choice 4	Beans		

#### Free School Meals

Application Process 'Free School Meals' is a statutory meanstested benefit, which provides a child with meals at school for free. If you believe your child may be newly entitled to this benefit, or if they received it last year and you would like to reapply, please attend the School Office and request an application form. The School Office will also be able to advise any parents, guardians or carers who are unfamiliar with the process for claiming 'Free School Meals'. The Free School Meals benefit does not automatically renew; it must be reapplied for each academic year. It is important to note that until your child has been confirmed as receiving the Free School Meals benefit, their school lunches must be paid for.

	October 2022			
OCTOBER				
Black History Month				
24th to 28th October	Half Term Holiday			
31st October	Term Begins			
	Auditions for Spring Play			

# End of Term - Friday 22nd October

School will be closed from Monday 24th to Friday 28th October for the Half Term holiday. We finish at our normal time on Friday 21st October at 3:15/3:30pm. School opens again on Monday 31st October at the normal time of 8:30/8:45am. It is essential that your child arrives on time as lessons will begin promptly.

## Safeguarding our Children

Please can all parents, guardians and carers be mindful of the safeguarding aspects for drop off and collection times. Please ensure you keep your child/children with you at all times when outside the School court yard to avoid any incidents.

# National Bullying Prevention Month

National Bullying Prevention Month is a month-long event to prevent childhood bullying and promote kindness, acceptance and inclusion. At Brookside Primary School, we all have a role to play whether we are children, parents, guardians or carers, teachers or school administrators. Positive change comes as we begin to emphasise respect and inclusion in our school and community. This month, try to reach out to a classmate, especially those who appear to be struggling. Children will not only learn about the different forms of bullying, but also how to report it when they see it in order to prevent others from suffering in silence. Talk to your child about bullying and please report all concerning disclosures to the Headteacher.



# **Black History Month**

Brookside Primary is a diverse community. As we promote the 6Rs, and British values, so too, we celebrate what makes us different. Black History Month has been celebrated in the UK since 1987. The celebration is to stem racism and discrimination and promote equality. At Brookside Primary, we will be paying homage to people of black heritage who contributed and continue to contribute significantly to our society. We will start the month with a special assembly on Thursday, 6th October at 9:00am. Throughout the month, different year groups will research, and create posters, brochures and leaflets, on specially assigned black professionals in the health field for a grand display wall.

#### School Photographs

The individual school photograph proofs have now been received by the School and have been provided to each child to take home this week. Orders will be limited to online ordering only, directly to Fraser Portraits via [https://orderphotos.co.uk/school\_downloads], or over the phone at 01202 692433. You will be required to log in with your account details or enter your proof card identification/ registration code to be able to make payments. Orders must be placed by Monday 31st October in order to receive free delivery back to the School. Unfortunately, any order received after this date will need to be ordered directly to Fraser Portraits and will incur an additional surcharge of £4.00 per pack. For all orders placed after the deadline date, packs will be sent directly to your home address.

### Primary School Admissions 2023

We would like to inform all parents, guardians and carers of children born between 1st September 2018 and 31st August 2019 that the closing date for applications for Primary School places to be received by the London Borough of Hillingdon, by post or online, is midnight on Sunday 15th January 2023. To ensure your application arrives on time and in order to give your child the best possible chance of being offered the school of your choice, we would advise that you submit your applications prior to the Christmas holiday period. The London Borough of Hillingdon states on their website that they cannot be held responsible for any delays in applications due to problems with postal or Internet service providers. Further information can be found on [https://www.hillingdon.gov.uk/primary] or by telephoning the School Placement and Admission Team at the Civic Centre, Uxbridge on 01895 556644

### Secondary School Admissions 2023

We would like to inform all parents, guardians and carers of children born between 1st September 2011 and 31st August 2012 that the closing date for applications for Secondary School places to be received by the London Borough of Hillingdon, by post or online, is Monday 31st October 2022. To ensure your application arrives on time and in order to give your child the best possible chance of being offered the school of your choice, we would advise that you submit your applications no later than Friday 21st October to ensure that it is received by the published deadline. You can apply for your child's secondary school at [https://www.hillingdon.gov. uk/secondary]. You will have received information with regard to applying for your child starting secondary school. If you did not receive this information, please speak to the School Office.