

## World Thinking Day

Using recycled materials, the children have been demonstrating their artanship by creating pieces of work based on this year's theme for World Thinking Day: 'Our World, Our Equal Future'. This was a great opportunity for pupils to enhance their understanding and thoughts on the topic through experiential learning whilst showcasing their creative flair in producing phenomenal creative pieces.



## World Book Day



On Friday 4th March, Year 1 pupils were delighted to hear the story of Sleeping Beauty and Thomas the Tank Engine read by two Year 2 children. The children listened to the stories with rapt attention and thoroughly enjoyed dressing up as their favourite characters on the day.





## World Wildlife Day

The children enjoyed dressing up as their favourite animals from books of their choice on Friday 4th March in celebration of World Wildlife Day. The Very Hungry Caterpillar is a perennial favourite among our Reception children who all enjoyed the book's imaginative illustration and cut-out detail which charts the progress of the caterpillar as he eats his way through the week. Some Year 1 pupils joined the Reception cohort and read stories of their choice to embrace the boundless joviality of the event.





## British Science Week

British Science Week is going full steam ahead this year from Friday 11th to Sunday 20th March, under the theme 'Growth'.

It is a ten-day celebration with the aim to raise awareness, spark enthusiasm and celebrate Science, Technology, Engineering and Mathematics (STEM) with people of all ages and from all walks of life. There are a number of free activity packs focused around 'Growth' that are available to download via (<https://www.britishscienceweek.org/plan-your-activities/activity-packs/>), as well as the ever-popular poster competition which is open to children and young people of all ages. Entrants must submit their entries before the deadline of Friday 15th April at 5:00pm. Further details can be found at (<https://www.britishscienceweek.org/plan-your-activities/poster-competition/>).

## Rising Stars and SAT's Trial Assessments

During the week commencing Monday 14th March, the children in Years 1 to 6 will be undertaking their Rising Stars and SATs Practice assessments. In order for us to help the children in their progress, it is extremely important that they attend school every day. Please also remember that a good breakfast is always an essential meal for children before school, but in particular when they are sitting tests. Research has shown that children who eat a healthy breakfast have improved alertness, concentration, mental performance, mood and memory. We wish all our children every success in their tests!

## MY-CATS – University of Oxford

Brookside Primary School has partnered with the University of Oxford to undergo a MY-CATS (Minimising Young Children's Anxiety Through Schools) research project for children in Reception, Year 1 and Year 2!

MY-CATS is a research project which aims to test a new way of identifying and supporting children to help build confidence and minimise problems with anxiety, now and in the future.

It involves parents, guardians and carers completing questionnaires to help us identify which children may be most likely to benefit from support, and then offering them online and telephone support.

The support is designed to help parents, guardians and carers encourage their child to build confidence and to provide them with skills and strategies for the future.

Please click on the links sent via email and complete the application form **before Monday 14th March**.

## Facebook and Instagram

We have now set up new Facebook and Instagram accounts where we will be posting important updates, academic achievements and notable events for all to view.

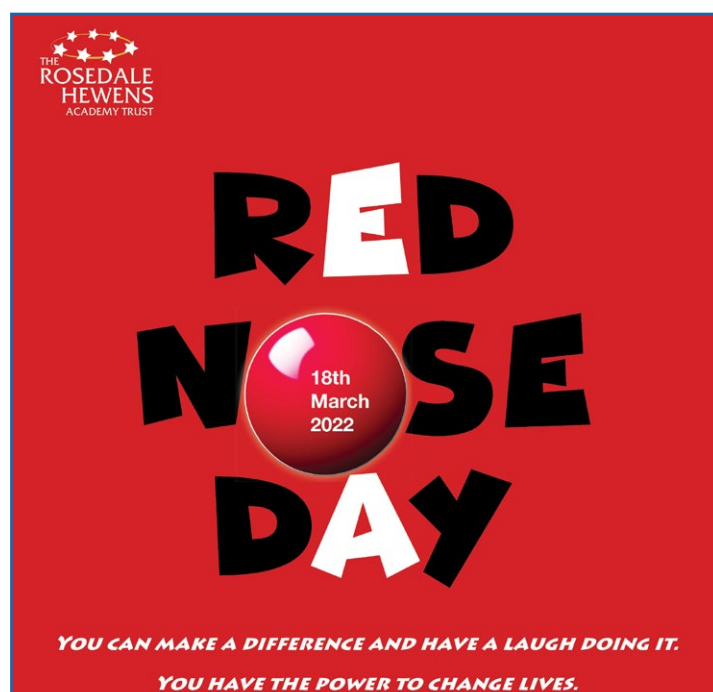
Please follow **The Rosedale Hewens Academy Trust** on Facebook or via (<https://www.facebook.com/T.R.H.AcademyTrust/>), and **brooksideprimary** on Instagram or via (<https://www.instagram.com/brooksideprimary/>) to stay connected, gain new insights and to avoid missing out on any exciting content posted in the upcoming weeks.

Please remember to like and share the posts! Thank you for your continued support.

## Global Recycling Day

Friday 18th March is celebrated annually as Global Recycling Day, a day dedicated to recognising the importance recycling plays in preserving precious primary resources and securing the future of our planet. Recycling can not only conserve the natural world we live in, but can also benefit us as it lessens the energy we use, enhances the quality of water and air we breathe, and combats climate change. Please visit (<https://www.globalrecyclingday.com/>) for more information about how you can save the planet and support recycling today!

## Red Nose Day



Red Nose Day will be observed this year on Friday 18th March with the aim to bring people together through the power of entertainment. Join Comic Relief this year in raising life-changing funds which will go towards helping people live free from poverty, violence and discrimination. This year is about 'You'. Whether you are baking cakes, participating in challenges or simply just making a donation, you have the power to change lives. For ideas on how to get involved, please visit (<https://www.comicrelief.com/rednoseday>).

## School Photographs - Class Photographs Received

The class school photograph proofs were distributed to each child this week. Orders will be limited to online ordering, directly to Fraser Portraits via ([www.orderphotos.co.uk](http://www.orderphotos.co.uk)) or over the phone at 01202 692433. You will be required to log in with your account details or enter your proof card identification to be able to place an order. Orders must be placed before **Friday 1st April** in order to receive free delivery back to the School.

Please note that these will not be delivered until after the Easter Holidays. Unfortunately, any order received after this date will need to be ordered directly to Fraser Portraits and will incur an additional surcharge of £4 per order. For all orders placed after the deadline date, packs will be sent directly to your home address.

## Virtual Asthma Workshop

**stronger together**

The Confederation

**MyHealth**  
My self, My life

# CHILDHOOD ASTHMA

Join our **FREE Virtual Asthma Workshop**

**4pm - 5pm**

**MARCH 28th**

Presented over: **zoom**

Session presented by a Hillingdon asthma nurse, covering:

- What to do if your child is having an Asthma attack
- Inhaler techniques
- Asthma plans
- Myth Busting
- Common triggers

**LIMITED SPACES AVAILABLE**

**CONTACT THE TEAM TO BOOK YOUR PLACE**

Call the team 01895 543 437    [nhsnwlcg.myhealth@nhs.net](mailto:nhsnwlcg.myhealth@nhs.net)

On Monday 28th March, the NHS Team would like to invite parents, guardians and carers to sign up for an online Asthma workshop to be presented over Zoom.

The sessions will run from 4:00pm to 5:00pm and are designed to help you understand what to do if your child is having an Asthma attack, providing inhaler techniques and highlighting common triggers.

There are limited spaces available so if you are interested, please contact the team to book your place via 01895 543 437 or at [nhsnwlcg.myhealth@nhs.net](mailto:nhsnwlcg.myhealth@nhs.net).

<div style="text-align: center; margin-top: 10px;"> <h2>March 2022</h2> </div>	
MARCH	
Friday 11th to Sunday 20th	British Science Week
Monday 14th	Deadline for MY-CATS Application Form
Monday 14th to Friday 18th	Rising Stars Assessment Week
	SATs Trial Assessment Week
Friday 18th	Red Nose Day (Non-Uniform Day)
	Global Recycling Day
Monday 21st	World Poetry Day
Tuesday 22nd	World Water Day
Friday 25th	Easter Arts Competition
Monday 28th	Virtual Asthma Workshop
	Auditions for Brookside's Got Talent

BROOKSIDE

PRIMARY

Week Commencing: Monday 14th March

MENU 1

MONDAY		
Meal Choice 1	Chicken Goujons with Homemade Oven Baked Potato Slices and Beans	Halal
Meal Choice 2	Chicken Goujons with Homemade Oven Baked Potato Slices and Beans	Non Halal
Meal Choice 3	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 4	Gluten free Chicken Goujons with Potatoes and Beans	Gluten/Dairy Free
Dessert Choice	Strawberry Ice Cream and Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Spaghetti Bolognese	Non Halal
Meal Choice 3	Ratatouille Spaghetti	Vegetarian
Meal Choice 4	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Dessert Choice	Jam Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Chicken Tikka Masala with Rice	Halal
Meal Choice 2	Chicken Tikka Masala with Rice	Non Halal
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Lightly Spiced Chicken Breast with Rice	Gluten/Dairy Free
Dessert Choice	Lemon Tart	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Halal
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Non Halal
Meal Choice 3	Cauliflower and Broccoli Cheese Bake	Vegetarian
Meal Choice 4	Turkey Escalope with Potatoes and Gluten free Gravy	Gluten/Dairy Free
Dessert Choice	Strawberry Jelly	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Tomato Pasta Bake	Vegetarian
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Dessert Choice	Fresh Fruit Salad	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day		

## Changes to Self-Isolation

On Thursday 24th February, the government removed the legal requirement to self-isolate following a positive test. Adults and children who test positive will continue to be advised to stay at home and avoid contact with other people for at least 5 full days, and then continue to follow the guidance until they have received two negative test results on consecutive days.

For further information about the changes to self-isolation and the daily testing of close contacts, please visit (<https://www.brooksideprimarysch.co.uk/135/coronavirus-advice-and-guidance>).

## Young Voices New Concert Date

We are delighted to announce that we have been given a new date for the Young Voices concert. The concert will now take place on Monday 23rd May at the same venue, the O2 Arena. The children who are taking part have continued to practise their singing for vocal improvement and are really excited to be part of the performance in May.

All tickets that were purchased to see the concert in January have been transferred to the new date in May. If you are no longer able to attend, please do contact the School Office and we can assist you with a refund. Should you have any other queries relating to the Young Voices concert, please visit the School Office to speak to us rather than contacting Young Voices or the O2 directly. Thank you.