



### Ten Pin Bowling Challenge



Well done and congratulations to our pupils who prevailed and achieved first place at the South Hillingdon School Sports Network (SHSSN) Primary Ten Pin Bowling Challenge on Thursday 20th January. Our pupils also bowled brilliantly at the West London Finals on Tuesday 8th February and achieved fifth place. We are extremely proud of them.



### NSPCC Number Day

On Friday 4th February, our school participated in NSPCC Number Day which was a maths-inspired fundraising day for all primary children. The children 'Dressed Up for Digits' and wore items of clothing with numbers on them to express themselves in different ways.





### Half Term

The School will be closed from Monday 14th to Friday 18th February for the Half Term holiday. School finishes on Friday 11th February at the normal time and will reopen on **Monday 21st February** as normal.

### Random Acts of Kindness Day



**THE ROSEDALE HEWENS ACADEMY TRUST**

**Random Acts of Kindness Day**

17th February 2022

**Too often we underestimate the power of a smile, a kind word, or simply just showing you care, all of which have the potential to turn a life around.**

**How have you been kind today?**

Too often we underestimate the power of a smile and a kind word which have the potential to turn a life around. Thursday 17th February will be celebrated as Random Acts of Kindness Day. It is a day to encourage acts of kindness and to make it a part of our everyday lives as there is no limit on the amount of goodness we can put into the world. Strive to make kindness the norm from this year onwards and celebrate by taking part in the Random Acts of Kindness Foundation's first annual colouring contest which is now open to all!

On Thursday 17th February, five random entries will be selected to receive a number of great prizes. For entry details, please visit <https://www.randomactsofkindness.org/>.

### Facebook and Instagram

We have now set up new Facebook and Instagram accounts where we will be posting important updates, academic achievements and notable events for all to view.

Please follow **The Rosedale Hewens Academy Trust** on Facebook or via <https://www.facebook.com/T.R.H.AcademyTrust/>, and **brooksideprimary** on Instagram or via <https://www.instagram.com/brooksideprimary/> to stay connected, gain new insights and to avoid missing out on any exciting content posted in the upcoming weeks. Please remember to like and share the posts! Thank you for your continued support.

### Care Day



Care Day is the world's largest celebration of the rights, successes and achievements of children and young people with care experience. It will take place this year on Friday 18th February and will be observed under the theme 'It takes a village to raise a child'. It is celebrated in the hope of creating a world where children and young people who have overcome adversities are proud of themselves, their achievements and look forward to a future of opportunity, equality and equity.

## Virtual Asthma Workshops

On Monday 28th February and Monday 28th March respectively, the NHS Team would like to invite parents, guardians and carers to sign up for an online Asthma workshop to be presented over Zoom.

The sessions will run from 4:00 to 5:00pm and are designed to help you understand what to do if your child is having an Asthma attack, providing inhaler techniques and highlighting common triggers. There are limited spaces available so if you are interested, please contact the team to book your place via:

**01895 543 437** or at [nhsnlccg.myhealth@nhs.net](mailto:nhsnlccg.myhealth@nhs.net).




# CHILDHOOD ASTHMA

Join our **FREE Virtual Asthma Workshop**

**4pm - 5pm**

**28th FEBRUARY**

Presented over: **zoom**

Session presented by a Hillingdon asthma nurse, covering:

- What to do if your child is having an Asthma attack
- Inhaler techniques
- Asthma plans
- Myth Busting
- Common triggers

**LIMITED SPACES AVAILABLE**


**CONTACT THE TEAM TO BOOK YOUR PLACE**

Call the team 01895 543 437

[nhsnlccg.Myhealth@nhs.net](mailto:nhsnlccg.Myhealth@nhs.net)

## Class Photographs - Tuesday 1st March

The School photographer is scheduled to visit on Tuesday 1st March to take class photographs. Please be advised that children must wear full school uniform.

 <b>FEBRUARY TO MARCH 2022</b>	
<b>FEBRUARY</b>	
Monday 14th to Friday 18th	Half Term
Thursday 17th	Random Acts of Kindness Day
Friday 18th	Care Day
Monday 21st	Term Begins
<b>MARCH</b>	
Tuesday 1st	Class Photographs
Thursday 3rd	World Book Day

<div><div>BROOKSIDE</div><div>PRIMARY</div></div>	Week Commencing: <i>Monday 21st February</i>	
MENU 2		
MONDAY		
Meal Choice 1	Beef Meatball Pasta Bake	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Non Halal
Meal Choice 3	Vegetable Pasta Bake	Vegetarian
Meal Choice 4	Meatballs with Gluten free Pasta	Gluten/Dairy Free
Dessert Choice	Strawberry Mousse with Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 3	Creamy Pasta Bake	Vegetarian
Meal Choice 4	Lamb Patty with Rice	Gluten/Dairy Free
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Baked Jacket Potato with Fillings <i>(sliced chicken, salad, coleslaw, tuna)</i>	
Meal Choice 2	Sweet Potato with Fillings <i>(sliced chicken, salad, coleslaw, tuna)</i>	Vegetarian
Meal Choice 3	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Dessert Choice	Fruit Tarts	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Dessert Choice	Vanilla Cheesecake	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Halal
Meal Choice 2	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Non Halal
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Dessert Choice	Apple Pie	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day</i>		

## Young Voices New Date - Monday 23rd May

We are delighted to announce that we have been given a new date for the Young Voices concert.

The concert will now take place on **Monday 23rd May** at the same venue, the O2 Arena. The children who are taking part have continued to practise their singing for vocal improvement and are really excited to be part of the performance in May.

All tickets that were purchased to see the concert in January have been transferred to the new date in May.

If you are no longer able to attend, please do contact the School Office and we can assist you with a refund.

Should you have any other queries relating to the Young Voices concert, please visit the School Office to speak to us rather than contacting Young Voices or the O2 directly. Thank you.